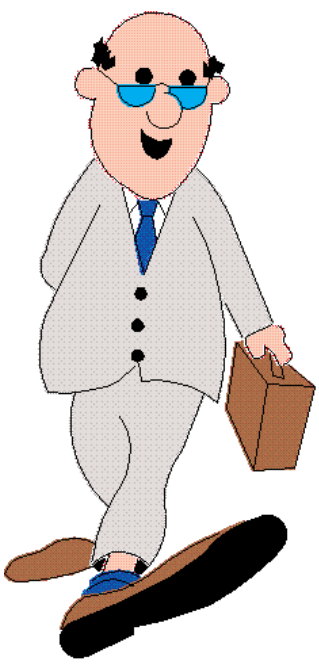


Getting Where You Need To Go Efficiently

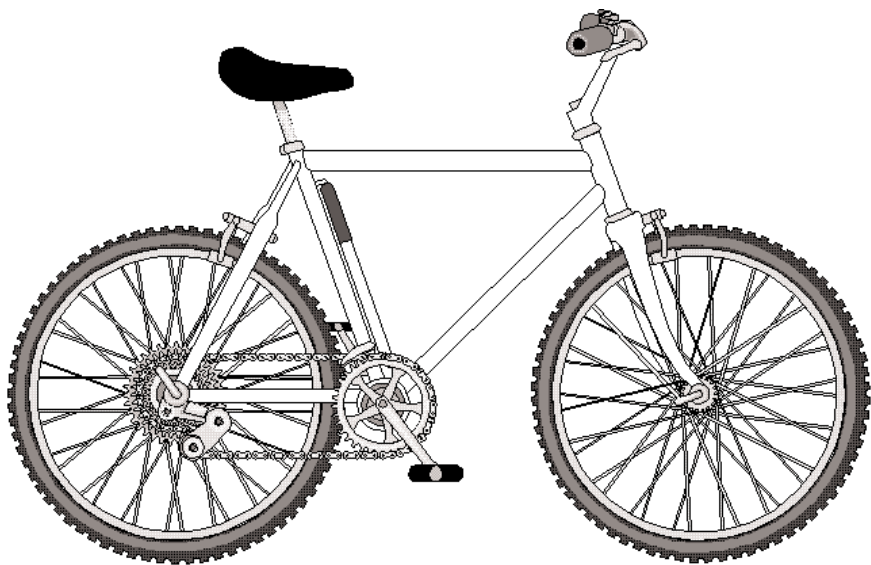
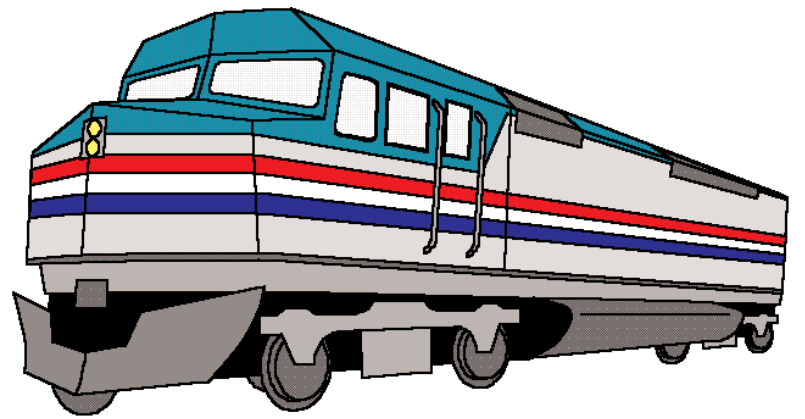
Transportation consumes 70 percent of U.S. oil and generates a third of the nation's carbon emissions. Transporting ourselves efficiently is therefore essential to curbing climate change and reducing our consumption of oil. Here are some tips on how to make your mode of transport more efficient.



- ❑ Try biking to school or work at least one day a week. You'll save money and feel healthier.
- ❑ Use the bus where feasible.
- ❑ Take Amtrak for longer trips. Travel by rail is the most efficient means of cross-country transportation.
- ❑ If you don't have a car, don't get one. If you need to have a car, get the most fuel-efficient vehicle you can afford.

❑ Cut back on driving, especially driving alone. Carpool with friends, neighbors and co-workers.

❑ Just park it. Take the first parking spot you see instead of driving around trying to find a closer spot.



❑ Put your bike on the back of your car, and when you get to town, cycle around to do your errands.

❑ Keep your car tuned up. It will improve your car's fuel economy by 5-8 percent. Keep tires properly inflated.

❑ Drive at moderate speeds (under 60 mph). Higher speeds increase wind resistance – lowering gas mileage.

❑ Shut off your car if it's going to idle for more than 30 seconds.

❑ Consolidate trips in your car. Try to get through the day on just one trip.

Special thanks to Elizabeth Russell

